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Biofertilizers effects on some agromorphological parameters and harvest stage on nutrients composition of ginger (*Zingiber officinale* Rosc.)

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Abstract

Biofertilizers application may influence growth, productivity and nutrients content by harvest period of *Zingiber officinale*. These rhizomes are one of the highest value spices in the world for nutrition and health. Experimental field with 02 plots of *Z. officinale* was carried out (one plot for treatments and other without treatment for dosages according to the harvest period). On first plot, five treatments were applied as follows: Control, Indigenous Microorganisms (IMO), Efficient Microorganisms (EM), Arbuscular Mycorrhizal Fungi (AMF) and Chemical Fertilizer (NPK). Growth parameters investigated including number of leaves, height of the stem, leaf area and collar diameter were recorded during growth period as well as yield and nutrients composition of rhizomes at 06 months after planting. Globally, growth parameters did not vary significantly with the treatments. However, IMO significantly increased yield (14.68 T/ha) and other biofertilizers (>13 T/ha) compared to control (11.13 T/ha). Biofertilizers application significantly increased carotenoids (0.64-0.91 mg/100 g), total phenolic compounds (3508.83 mgGAE/100 g), flavonoids (1420.04-1542.36 mgQE/100 g) and ashes (3.33 g/100 g) contents as well as moisture and micronutrients compared to the control and NPK. On second plot, harvest after 08 months significantly increased ashes, Fe, Ca and Mg contents in rhizomes compared to 06 months but slight decrease in carotenoids, vitamin C and phenolic compounds. These results show the importance of using biofertilizers to promoting Ginger plants and therefore can be a sustainable alternative to the use of chemicals. Then to overcome the problem of some nutrients deficiency, it can be recommended to harvest Ginger at 08 months which is a right harvest period for the synthesis of certain essential nutrients.

Keywords: Agromorphological, biofertilizers, harvest, nutrients composition, *Zingiber officinale*

1. Introduction

Ginger (*Zingiber officinale* Roscoe) is a crop rhizome commonly consumed as spice and belonging to the Zingiberaceae family and the *Zingiber* genus. It is used as one of the important ingredients in traditional and modern medicine, behind the fact of being used as a spice [1]. In recent years, ginger has been found in numerous biological activities, such as antioxidant [2], anti-inflammatory, antimicrobial and anticancer activities [3, 4]. In addition, it has been demonstrated that ginger has the potential to prevent and manage several diseases, such as neurodegenerative diseases, cardiovascular diseases and obesity [5, 6]. The health benefits of ginger are mainly attributed to its composition. Indeed, ginger is rich in various chemical components, such as phenolic compounds (mainly gingerols, shogaols, and paradols), carotenoids, vitamins, minerals, polysaccharides and raw fibres [5].

The production of this spice has expanded in most parts of the world, as it can be grown under varied climatic conditions. The productivity of ginger is, however, affected by poor nutrient management which includes mostly chemical fertilizers [7]. As it is a nutrient-exhaustive crop and hence requires an adequate supply of elements at important stages of its growth cycle. Unfortunately, it is obvious that the excessive use of chemical fertilizers in conventional agricultural systems decreases food quality and causes serious environmental damages such as waterway pollution, mineral depletion, soil acidification and other issues.

Thus, effective nutrient management can help in reducing the overuse of chemical fertilizers, thereby preserving environmental quality^[8]. Therefore, sustainable fertilizers such as biofertilizers seem to be an optional saving alternative^[9, 10].

Biofertilizers can be defined as microbial biostimulus enhancing the efficiency of plants nutrition and can be used for their microorganisms which consistently reduces the intervention of chemical fertilizers. Hence, permitting the construction of organic matter from the soil and increasing the bioavailability of nutrients Singh and Sharma^[11] and secreting growth-promoting substances^[12]. The use of biofertilizers can improve plant growth and crop productivity by increasing nutrients that promote soil fertility, as well as water and nutrients uptake through greater mineralization due to higher microbial activities and therefore, a better nutritional quality of food products^[12, 14]. Among the widely range of biofertilizers used, there are Indigenous Microorganisms (IMO) which are native microorganisms of the source where they have been taken Harim, *et al.*^[15] and the Efficient Microorganisms (EM) which are a mix-up of lactic bacteria and other beneficial microorganisms Desfontaines, *et al.*^[16] as well as the Arbuscular Mycorrhizal Fungi (AMF) whose the mycorrhizae ameliorate the water and minerals absorption, and the resistor of pathogens fungi^[17]. Tchiaze, *et al.*^[18] demonstrated that in order to substitute chemical fertilizers, the use of mycorrhizae and poultry droppings led to highly improve leaves biomass and productivity of fresh rhizomes of *Curcuma longa*. In the same way, EM and IMO lead to increase yield of *Arachis hypogaea* under coastal soil-climate conditions^[15].

It's important to note that the functional properties and biological activities of plants depend on the harvest period. *Zingiber officinale* reaches its physical and physiological maturity for about 10 months. For an optimization of fresh consumption quality, harvesting can be realized between 5th and 7th month and the rest preserved for future use for drying and crushing for ginger's essential oil production^[19, 20].

In Cameroon, *Z. officinale* is used as a spice for common dishes, as an ingredient to prepare drinks, syrup, and to produce confectionery and pastry. Ethno-medicinal studies showed that ginger is widely used in folk medicine to treat several diseases^[21]. In addition, ginger has been strongly recommended for the prevention of COVID-19, so its demand almost tripled during the pandemic. Therefore, it was necessary to find strategies to increase its production in an environmentally friendly manner.

In order to contribute to the development of this ideology, this work was designed to evaluate the effect of biofertilizers (IMO, EM and AMF) on the growth, yield and then, the harvest stage on some phytonutrients and minerals content of ginger rhizomes.

2. Materials and Methods

2.1 Study site

The field experiment was conducted at the experimental site of the Faculty of Science of the University of Douala, Littoral Region-Cameroon. The place is located at 4°2'53 N and 9°42'15 E, 19 m altitude, tropical climate, average temperature of 26.2 °C and annual average rainfall of 3174 mm. Some physical and chemical properties of soil composite sample at a depth of 0-30 cm before planting were as follows: sand (51.6%), silt (32.3%), clay (14.2%), N

(0.32%), C (0.75%), P (4.60 ppm), K (0.25g kg⁻¹), Na (0.07g kg⁻¹), Ca (0.23g kg⁻¹), Mg (0.17g kg⁻¹), Zn (0.29 mg kg⁻¹), Cu (1.42 mg kg⁻¹), Fe (3.26 mg kg⁻¹), CEC (20.08 mol kg⁻¹), pH (6.45). Soil analysis were carried out at Research Unity of Soil Analysis and Chemistry of Environment of Faculty of Agronomy of Dschang University Cameroon.

2.2 Materials

Z. officinale rhizomes and chemical fertilizer NPK (14-23-14) were obtained from a Douala local market. Mature rhizomes have been carefully selected for their ease of budding. Indigenous Microorganisms (IMO) were prepared on the experimental site according to the protocol used by^[22]. They are mainly made up of photosynthetic bacteria (*Rhodospseudomonas palustris*), and yeasts (*Saccharomyces cerevisiae*). Efficient Microorganisms (EM) were obtained in the local market and were prepared according to^[23]. They essentially consist of useful anaerobic microorganisms like lactic bacteria (*Lactobacillus casei*). Then, Arbuscular Mycorrhizal Fungi (AMF) consisted of a mixture of propagules of *Acaulospora tuberculata* (50%) and *Gigaspora margarita* (50%) which were isolated and multiplied from the Applied Microbiology and Biological Control Laboratory of IRAD-Nkolbisson Cameroon.

2.3 Field experimental design and treatments

The experimental field was designed in 02 identical plots. On one plot, five treatments were applied as follows: T₀= Control; T₁ = IMO and T₂ = EM were used a week before planting (40 g/plant); T₃ = Arbuscular Mycorrhizal Fungi (AMF) applied once, the day of planting (40 g/plant); T₄ = positive control treat with NPK applied two weeks after planting (10 g/plant). Treatments were carried out in a completely randomized design with three replications each for a total of 15 subplots. The rhizomes about 4 cm length were left pregerminated beforehand and those having two or three buds were planted at 5 cm depth one per hole, 30 cm between ginger plants for a total of 14 plants/subplot. The distance separating the subplots from each other was 0.90 cm^[10, 24].

The second plot which was to be used for the harvest stage at 6 months as well as 8 months of cultivation had no fertilization. However, all planting arrangements were the same as the previous.

The rhizomes were planted in early April which is the planting period. The crops received hand weeding regularly every three weeks and no pesticide and irrigation water was applied.

2.4 Assessment of plant growth parameters, yield and phytonutrients contents

In the field trial, growth parameters were recorded during the vegetative stage every two weeks from the 5th to the 24th week after planting according to the treatment as well as yield and phytonutrient contents. The number of leaves was assessed by simple counting, while the plant height was measured using a graduated ruler, the collar diameter using a calliper, length and width of leaf were measured using a graduated ruler^[25]. Leaf area was calculated from length and width of leaf: $S=2/3 L \times l$ where L = Length (cm), l = width (cm), S = Surface (cm²).

After 06 months and then 08 months of cultivation, on second plot, part of the clumps of *Z. officinale* were harvested according to subplots and yield production were

assessed. Accordingly, rhizomes were separated from the base of the stem, abundantly and carefully washed and weighed. Samples were dried at 62 °C for 72h and dry weights determined. Total carotenoids content and vitamin C were evaluated on fresh rhizomes. Then by photometry (iTcheck™ Carotene; Bio Analyst GmbH, Tetow, Germany) at 446 nm according to protocol used previously by Dongho, *et al.* [26] and Stevens, *et al.* [27]. The total phenolic compounds (TPC), flavonoids and minerals (ashes, calcium, magnesium, potassium, iron) contents were determined on dry crushed sample. TPC and flavonoids were determined by spectrophotometric method. Minerals were determined according to the international methods recommended by Pauwels, *et al.* [28] and respecting the ISO, AFNOR and EN standards.

2.5 Statistical analysis

Raw data were entered on MS (Excel Microsoft Office 2013) spreadsheet and organized for statistical analysis, then exported to Graphpad Prism version 5.0. The significant

difference test was assessed using one-way ANOVA. The data were subjected to descriptive statistics and the results were expressed as mean with standard error of mean (SEM). The values of $p < 0.05$ were considered significant.

3. Results

3.1 Influence of fertilizers on growth parameters, yield and composition of *Zingiber officinale* rhizomes

3.1.1 Effect of different fertilizers on growth parameters of *Zingiber officinale*

Table 1 shows the evolution in leaves number, stem height, leaf area and collar diameter. It appears that these parameters increase significantly ($p < 0.05$) with time whatever the treatment. However, from the 12th week overall, these parameters no longer vary significantly regardless of the treatment. Inoculation with Indigenous Microorganisms showed a positive effect on plant growth more than others. In fact, whether with the positive control (NPK) or biofertilizers, no significant difference was noted either between them or compared to untreated plants.

Table 1: Growth parameters of *Zingiber officinale* according to time and different fertilizers

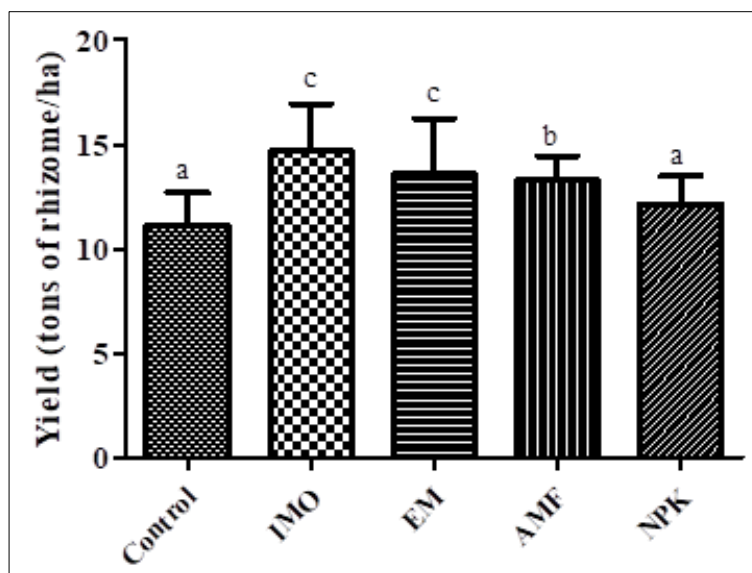
	Times (weeks)								P ¹
	5	7	9	12	14	16	20	24	
Number of leaves									
Control	3±1 ^a	6±1 ^b	10±2 ^c	16±2 ^d	17±3 ^d	17±3 ^d	18±3 ^d	17±3 ^d	<0.0001
IMO	3±1 ^a	7±1 ^b	11±2 ^c	16±2 ^d	17±2 ^d	18±3 ^d	18±2 ^d	17±3 ^d	<0.0001
EM	3±1 ^a	6±2 ^b	10±3 ^c	15±3 ^d	16±3 ^d	17±3 ^d	18±2 ^d	17±3 ^d	<0.0001
AMF	2±1 ^a	5±2 ^b	9±2 ^c	14±3 ^d	16±3 ^d	17±3 ^d	17±3 ^d	17±3 ^d	<0.0001
NPK	3±2 ^a	6±2 ^b	10±3 ^c	14±3 ^d	16±4 ^d	16±4 ^d	17±4 ^d	18±3 ^d	<0.0001
P ²	NS	NS	NS	NS	NS	NS	NS	NS	
Stem height (cm)									
Control	14.90±6.74 ^a	22.29±5.55 ^b	26.00±6.90 ^c	28.44±7.61 ^c	27.10±6.05 ^c	26.05±7.65 ^{b,c}	25.45±7.40 ^{b,c}	25.00±7.90 ^{b,c}	0.0004
IMO	14.33±4.88 ^a	23.05±4.89 ^b	25.90±6.10 ^{b,c}	28.10±6.39 ^c	28.86±6.54 ^c	25.80±5.51 ^{b,c}	25.90±6.02 ^{b,c}	23.12±4.70 ^{b,c}	0.0018
EM	14.70±6.13 ^a	21.68±6.25 ^b	25.36±6.88 ^c	28.81±7.53 ^c	27.80±6.20 ^c	26.58±6.99 ^c	25.5±6.40 ^c	23.65±6.22 ^{b,c}	0.0056
AMF	11.74±6.45 ^a	19.31±7.34 ^b	23.95±6.98 ^c	27.26±8.53 ^d	27.31±7.16 ^d	25.28±7.20 ^{c,d}	23.73±6.9 ^c	23.03±6.28 ^c	0.0012
NPK	13.79±6.84 ^a	19.92±7.90 ^b	24.55±7.86 ^c	30.01±7.20 ^d	32.16±7.41 ^d	28.64±7.07 ^{c,d}	29.47±6.87 ^{c,d}	27.47±7.30 ^{c,d}	0.0078
P ²	NS	NS	NS	NS	NS	NS	NS	NS	
Leaf area (cm²)									
Control	13.97±7.22 ^a	19.63±5.58 ^b	21.68±6.34 ^{b,c}	20.97±6.83 ^{b,c}	18.96±6.64 ^b	18.48±6.26 ^b	18.36±5.69 ^b	17.92±10.18 ^b	0.0034
IMO	15.81±6.20 ^a	20.32±5.22 ^c	21.35±4.39 ^c	21.18±4.53 ^c	19.10±4.37 ^b	18.99±5.49 ^b	18.73±7.10 ^b	17.89±5.82 ^b	0.0012
EM	13.00±8.32 ^a	18.59±6.42 ^b	20.54±5.80 ^c	20.33±5.72 ^c	18.70±5.99 ^b	18.54±5.15 ^b	18.48±6.04 ^b	17.00±7.22 ^b	0.0026
AMF	7.52±6.85 ^a	15.75±7.24 ^b	18.60±6.24 ^b	18.89±6.55 ^b	18.39±6.90 ^b	18.19±6.78 ^b	17.94±7.59 ^b	17.55±6.73 ^b	0.0013
NPK	9.86±8.49 ^a	16.86±7.03 ^b	18.61±5.75 ^b	19.73±5.45 ^b	19.89±6.44 ^b	21.45±6.24 ^c	21.00±6.66 ^c	20.65±5.24 ^c	0.0045
P ²	NS	NS	NS	NS	NS	NS	NS	NS	
Collar diameter (cm)									
Control	ND	ND	0.43±0.09 ^a	0.50±0.11 ^b	0.44±0.10 ^a	0.42±0.09 ^a	0.42±0.08 ^a	0.39±0.10 ^c	0.009
IMO	ND	ND	0.43±0.11 ^a	0.46±0.09 ^b	0.45±0.09 ^b	0.44±0.09 ^b	0.43±0.09 ^a	0.41±0.08 ^c	0.017
EM	ND	ND	0.42±0.11 ^a	0.45±0.11 ^b	0.42±0.10 ^a	0.42±0.09 ^a	0.43±0.09 ^a	0.40±0.10 ^c	0.013
AMF	ND	ND	0.41±0.13 ^a	0.46±0.12 ^b	0.43±0.10 ^c	0.42±0.11 ^{a,c}	0.40±0.12 ^a	0.40±0.11 ^a	0.032
NPK	ND	ND	0.41±0.13 ^a	0.45±0.12 ^b	0.46±0.12 ^b	0.44±0.08 ^b	0.42±0.11 ^a	0.38±0.09 ^a	0.021
P ²	ND	ND	NS	NS	NS	NS	NS	NS	

Note: IMO = Indigenous Microorganisms; EM = Efficient Microorganisms; AMF = Arbuscular Mycorrhizal Fungi; NPK = chemical fertilizer; P¹ = Comparison of growth parameters by given time; P² = Comparison growth parameters by treatment; ND: Not Determined; N= 15; NS = Not Significant. For the same row; means with different letters are significantly different.

3.1.2 Effect of different fertilizers on yield of *Zingiber officinale* rhizomes

The use of biofertilizers increased yields significantly than control (11.15±1.75 T/ha) and NPK (12.12±1.57 T/ha)

(Figure 1). IMO plants recorded the highest yield (14.68±2.60 T/ha), followed by EM (13.60±3.01 T/ha) and AMF (13.30±1.29 T/ha).



Note: IMO = Indigenous Microorganisms; EM = Efficient Microorganisms; AMF = Arbuscular Mycorrhizal Fungi; NPK = chemical fertilizer
Note: Means with the same letters are not significantly different at 5% of average probability

Fig 1: Production yield of *Zingiber officinale* rhizomes according to fertilizer

3.1.3 Effect of different fertilizers on phytonutrients and mineral composition of *Zingiber officinale* rhizomes

Moisture wasn't significantly influenced by fertilizers (table 2). Indeed, no difference was noted either between biofertilizers or with control. Carotenoids were significantly higher in plants amended with biofertilizers than those of the control and NPK which are not very different otherwise, this content was higher with IMO compared to EM and AMF. Similarly, for vitamin C, the results showed that there are significant differences in their values according to the treatments ($p=0.0113$). It is noted that total phenolic compounds are also influenced by fertilizers ($p=0.0031$), indeed, plants amended with IMO showed a high value compared to NPK, EM, control and AMF which are not

significantly different. Also, the flavonoid contents vary significantly ($p=0.042$). Indeed, the plants amended with IMO and EM showed a high value followed by NPK, control and AMF.

Concerning mineral composition, globally, the weight of ashes was not significantly influenced by the treatments. However, the average ashes content was slightly high with control, AMF and NPK compared to IMO and NPK. Likewise, the mineral contents (Ca, Mg, K, and Fe) in the rhizome of *Z. officinale* were not significantly affected by different types of fertilizers. Nevertheless, the highest increase of rhizome Ca and Mg contents was found in plants supplied with EM compared to all other treatments.

Table 2: Phytonutrients and mineral composition of *Zingiber officinale* rhizomes according to different fertilizers

	Control	IMO	EM	AMF	NPK	P
Moisture (per 100 g fresh mater)						
Moisture (g)	88.03±2.31 ^a	88.79±1.03 ^a	90.59±1.87 ^a	91.01±2.88 ^a	93.94±2.88 ^a	NS
Phytonutrients (per 100 g fresh mater)						
Carotenoids (mg)	0.35±0.11 ^a	0.91±0.19 ^c	0.68±0.06 ^b	0.64±0.18 ^b	0.46±0.16 ^a	0.0083
Vitamin C (mg)	21.38±4.02 ^a	27.32±3.00 ^a	34.40±3.78 ^b	31.06±2.33 ^b	36.68±8.96 ^b	0.0113
Total phenolic compounds (mgGAE)	2888.12±270.92 ^a	3508.83±142.52 ^b	3043.44±170.97 ^a	2739.32±169.39 ^a	3045.39±108.44 ^a	0.0031
Flavonoids (mgQE)	1268.43±111.03 ^{a,b}	1542.36±107.55 ^c	1420.04±99.87 ^c	1247.13±120.72 ^a	1391.49±107.03 ^b	0.042
Minerals (per 100 g dried ginger)						
Ashes (g)	3.00±1.00 ^a	2.67±0.58 ^a	2.33±0.58 ^a	3.33±0.58 ^a	3.33±0.58 ^a	NS
Calcium (mg)	373.33±92.72 ^a	376.00±44.54 ^a	466.67±122.46 ^a	370.67±67.09 ^a	370.67±62.14 ^a	NS
Magnesium (mg)	18.67±4.64 ^a	18.80±2.23 ^a	23.33±6.12 ^a	18.53±3.35 ^a	18.53±3.11 ^a	NS
Potassium (mg)	784.74±57.53 ^a	768.46±128.40 ^a	804.40±72.90 ^a	852.58±17.30 ^a	829.51±183.93 ^a	NS
Iron (mg)	6.73±1.51 ^a	8.40±0.89 ^a	6.70±1.75 ^a	7.57±2.07 ^a	8.27±0.02 ^a	NS

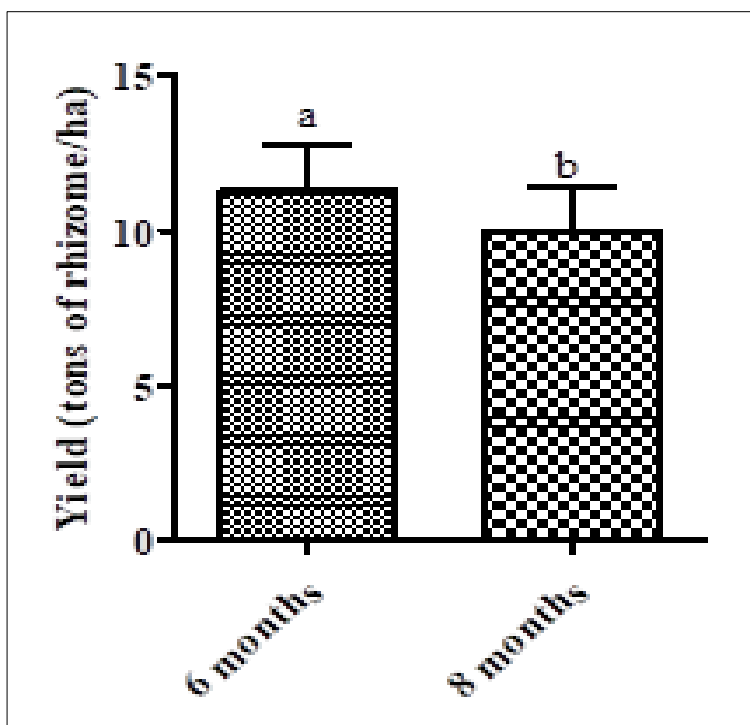
Note: IMO = Indigenous Microorganisms; EM = Efficient Microorganisms; AMF = Arbuscular Mycorrhizal Fungi; NPK = chemical fertilizer; NS = Not Significant

3.2 Influence of harvest stage on yield and composition of *Zingiber officinale* rhizomes

3.2.1 Effect of harvest stage on yield of *Zingiber officinale* rhizomes

Figure 2 shows that harvest period caused a significant

decrease in yield. Really, long harvest age causes a drop in *Z. officinale* rhizomes yield. In fact, yield of plants rhizomes decreases significantly from the harvest at 06 months (12.88±1.60 T/ha) to 08 months (10.08±1.14 T/ha).



Note: Means with the same letters are not significantly different at 5% of average probability

Fig 2: Production yield of *Zingiber officinale* rhizomes according to harvest stage

3.2.2 Effect of harvest stage on phytonutrients and mineral composition of *Zingiber officinale* rhizomes

It appears that moisture content decreases significantly ($p=0.0013$) with the harvest stage (Table 3). The results also indicate the decrease of carotenoids and vitamin C concentration between 06 and 08 months, although no significant difference for either. Likewise, the effect of the harvest stage in *Z. officinale* rhizomes showed a significant decrease of total phenolic compounds and flavonoids

contents between 6th and 8th month. The amount of ashes obtained is not significantly different up to 8 months. Nevertheless, we note slightly increase at the 08th month. Despite that the values increase at the end of 08th month, Ca, Mg, and K contents are not statistically different. The analysis of Fe content data in *Z. officinale* rhizomes indicated that this micronutrient was positively affected by harvest stage ($p=0.0282$) (Table 3).

Table 3: Phytonutrients and mineral composition of *Zingiber officinale* rhizomes according to harvest stage

	06 months	08 months	P
Moisture (per 100 g fresh mater)			
Moisture (g)	90.47±3.35 ^b	80.24±6.90 ^a	0.0013
Phytonutrients (per 100 g fresh mater)			
Carotenoids (mg)	0.61±0.23 ^a	0.48±0.21 ^a	NS
Vitamin C (mg)	36.48±10.94 ^a	32.44±4.77 ^a	NS
Total phenolic compounds (mgEGA)	3043.51±140.02 ^b	2181.61±247.54 ^a	0.0402
Flavonoids (mgQE)	1471.15±101.24 ^b	1210.50±111.08 ^a	0.0399
Minerals (per 100 g dried ginger)			
Ashes (g)	2.94±0.19 ^a	3.00±0.82 ^a	NS
Calcium (mg)	384.67±27.96 ^a	392.00±76.45 ^a	NS
Magnesium (mg)	19.23±1.40 ^a	19.60±3.82 ^a	NS
Potassium (mg)	817.01±35.43 ^a	836.42±77.76 ^a	NS
Iron (mg)	7.44±0.83 ^a	13.09±3.84 ^b	0.0282

Note: IMO = Indigenous Microorganisms; EM = Efficient Microorganisms; AMF = Arbuscular Mycorrhizal Fungi; NPK = Chemical fertilizer; ns = not significant.

4. Discussion

In order to improve the qualitative and quantitative production of *Z. officinale*, the study aimed to assess the response of fertilizers (IMO, EM, AMF and NPK) on growth, yield and some nutritional contents of the rhizomes as well as the harvest stage on the nutritional composition of these rhizomes. The growth parameters measured increased significantly whatever the treatment until the 16th week from which they tend to be constant. This could be explained by

the fact that *Z. officinale* plants have reached their optimal morphological growth and the nutrient uptake that occurs during the active phase of growth is reached in the 4th to 6th month of the Zingiberaceae plants [24]. Also, Azizah, *et al.* [24] showed a significant difference in the growth parameters of *Zingiber zerumbet* over time but, further for a given time, the latter do not vary significantly with the treatment, whether with NPK or the biofertilizers and control.

Biofertilizers improved the yield of *Z. officinale* compared to control and NPK, IMO giving the highest yield. Numerous studies have reported that the inoculation with biofertilizers increased the absorption of nutrients as well as the improvement of soil properties responsible for the stimulation of the growth and productivity of Ginger [29]. According to Tchiaze, *et al.* [18], the addition of organic manure improves soil quality, in particular pH, organic matter content and cation exchange capacity, thus ensuring good hydromineral absorption which promotes good development and therefore an increase in yield.

In this study, biofertilizers didn't significantly influence the moisture content. These results were not similar to those of Oyedeji, *et al.* [30] who stated that poultry manure increased the moisture content of amaranths in rainfall zone. The climate in high rainfall would increase the quantity of water in the soil and would be the cause of large water absorption. Plants treated with IMO have better concentrations of carotenoids, total phenolic compounds and flavonoids. This could be explained by the fact that IMOs adapt easily in the environment and facilitate nitrogen fixation, solubilization of phosphate and potassium, participating thus in carotenoids synthesis through the increase in biomass synthesis [31].

Fertilizers induce significantly an increase in Vit C content. High absorption of nutrients, leads to an increase of the number of leaves responsible for photosynthesis that improve the synthesis of macronutrients such as glucose which is the substrate for vitamin C synthesis [32]. Globally, fertilization did not significantly induce the accumulation of minerals in *Zingiber officinale* rhizomes, although a high rate is observed with IMO, AMF and NPK application. This can be explained by the fact that biofertilizers allow aeration of the soil and facilitate the capture of minerals from the soil by the deep enlargement of ginger roots promoting better mineral absorption [33]. Indeed, mycorrhizae act significantly in the decomposition and mineralization of organic matter and mobilize these nutrients for the benefit of the host plant.

The harvest period of ginger rhizomes showed a decrease in yield in the 8th month compared to the 6th month. It would be an indicator that ginger crop dropped their leaves around 07 months after sowing and this would lead to a gradual decline in yield. Pawar and Patil [34] reported in their study that dry matter of ginger rhizomes and green ginger yield was highest when harvested at maximum of 8 months and it decreased consistently with delay in harvesting. Similarly, Mohammad [35] showed that turmeric (*Curcuma longa*) produces the highest dry yield when shoots are withered completely, and low fresh yield with advanced harvest stage. Moreover, according to the time of harvesting, moisture, phenolic compounds, carotenoids, flavonoids and iron decreased with the stage of harvest. The decrease in water content could be due to the increase in dry matter content in the rhizomes as well as fibre with maturity. As for carotenoids decreasing could be due to yellowing, wilting and death of leaves at maturity, which would reduce leaf biomass responsible for a decrease in photosynthesis and therefore a decrease in carotenoid synthesis [36]. These results are also in agreement with those of Ascensión, *et al.* [37] who reported that phytonutrients decrease with crop development which also leads to fibres increase in *Aloe vera* flowers plant. In the present study, we observed a non-significant increase in the concentration of minerals although the amount slightly increases with age of maturity

except iron which is significant. This could be due to a relatively inactive synthesis of organic compounds by the vegetative parts and an increase in osmotic exchanges thus enhancing the absorption of minerals. The more mature for plants leads to more resistance of cell walls which leads to the concentration of certain minerals [33]. Stoilova, *et al.* [38] demonstrated in their research that *Z. officinale* has a chelating action which has found a significant chelating effect of the organic extract of ginger and which increases with the stage of maturity.

5. Conclusion

At the end of this study in experimental field, the results showed that the treatments applied to *Zingiber officinale* had no significant effects on the growth parameters except with IMO but biofertilizers increased yields significantly. Overall, biofertilizers had a significant effect on nutrients composition with a significant increase in carotenoids, ash contents as well as moisture, Ca, Mg, Fe contents but not significantly compared to NPK and control. As for the stage of maturation, Fe, Ca and Mg contents increased significantly at 08 months of harvest compared to 06 months unlike the moisture, carotenoids and vitamin C contents which decreased slightly at this stage. Biofertilizers improve agromorphological parameters and nutritional composition and the ideal harvest period would be 06 months if a strong antioxidant power is desired and 08 months if high micronutrient contents are desired.

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7. Conflicts of Interest

The authors declared no conflict of interest exist.

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